

Packing Checklist

A stylized graphic of a mountain range in shades of blue and white, located in the top right corner of the page.

What you need during your visit:

It is always best to bring more stuff than not enough. We would encourage you to pack your child an extra change of clothes for each full day they are with us as we go out in all weather conditions! We recommend older clothes as their clothing is likely to get sandy, muddy or wet! This should include older shoes and wellies, as well as walking boots if your child has them.

Please pack the following:

- Sleeping bag or a duvet
- Pillow plus pillowcase & bed sheet
- Plenty of clothes for your stay, with extra as we go out in all weather conditions.
- Waterproofs and a warm coat/woolly hat/gloves depending on the time of year. Please check the weather forecast before visit.
- Spare trainers and wellies (just in case one pair gets wet or muddy)
- Toiletries (Toothpaste, toothbrush, soap, shampoo, combs or brushes)
- Any medication you require, like inhalers or insulin. (please inform our staff and your teachers that you have medication with you. There is a fridge to keep medication cooled if required)
- Towels and a washcloth
- Waterproof sun block and a sun hat
- Torch
- Re-usable water bottle

Due to our rural location phone signal at the St Madoc Centre is poor but free wifi is available, signal can be gained up on the headland. We recommend leaving mobile phones at home to avoid damage or loss. Please feel free to contact us about any requirements on info@stmadoc.co.uk