

ST MADOC CENTRE EXAMPLE DAILY PLANNER



Example of a daily plan:

8am – Breakfast

9/9.30am – Morning Activities

12.30pm – Lunch

1.30pm – Afternoon Activities

5.30pm – Dinner

Evening activities run by school

Beach Games	Shelter Building	Marshmallows with campfire
Archery	Fire lighting	Ball Games
Woodland Games	Rock Pool and cave discovery	Drumming
Pond Dipping	Orienteering	Wildlife Activities

Breakfast

Fresh fruit/ Yogurts/ Choice of Cereals (milk alternatives available)/ Toast with a variety of spreads/

Daily treat (pancakes, pastry etc.)

Midweek mini breakfast available (Sausage/beans/fried potato/toast) - £2.50 extra per child

Lunch

Rolls or wraps with choice of filling/ Crisps/ Fresh Fruit/ Veg Platter/ Sweet Treat

Midweek hot lunch available (Margareta pizza/ Chips or Pasta/ Peas Or Beans) - £2.50 extra per child

Dinner

Sausage/ Burger	Chips / Pasta	Beans/ Peas/ Sweetcorn
Spaghetti Bolognese	Chicken Curry & Rice	Baked Fish Fillet
Fruit Platter	Yogurts	Chocolate sponge
Cookies	Ice-cream	Fruit Sponge

We cater for all dietaries needs, please fill in the form provided to your school. If you wish to discuss your child's dietary need in detail please email us at info@stmadoc.co.uk